

northernsuburbs.bridgeaustralia.org

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February 2024 Newsletter

Presidents Report

Greetings All

Northern Suburbs Bridge Club really knows how to put on a Bridge competition.

The recent Teams event, last Sunday 21st January, was terrific example. Congratulations to Max Latimer as Convenor. The whole event ran so smoothly. I know in the background there is frantic energy to ensure the Director, Alan Gibson, can do his job properly, that the number of teams are playing is even (30 teams), the food is ordered and supplied (with specialized dietary requirements catered for) and all the playing boards correctly provided by Robyn Wells..

The kitchen ran smoothly, thanks to Sheena De Jager Miles (unfortunately ill on the day) with the help of volunteers.

I was very impressed.

Also impressive is the spontaneous action of Jason Cooney, Karen Gosney and Rex Meadowcroft who were dissatisfied with the overgrown grass in the adjoining carpark, removed it last Friday (despite the heat and humidity). Many thanks.

The mood of the Club is very comforting and welcoming.

I am proud to be your President. Thank-you

Happy Bridging

Graham Killoran

President, Northern Suburbs Bridge Club



NOTICE BOARD



The Bridge club website was migrated (moved to a different host server) on 5 December by Peter Busch of Altosoft, due to ongoing problems. Since then, some members have had trouble accessing the site. Using the URL (website address) northernsuburbs.bridgeaustralia.org works, but www.northernsuburbs.bridgeaustralia.org now gives an error. We can't change this, so check the web address in your browser and update any bookmarks.

If you are having problems accessing the NSBC website since it moved to a new service in mid-December, check the web address in your browser and bookmarks:

northernsuburbs.bridgeaustralia.org	V
www.northernsuburbs.bridgeaustralia.org	X

COVID

Yes, Covid is still with us. Please stay away from the club if you are feeling unwell, or have a sore throat or a head cold or are coughing and sneezing. It is up to everyone to keep themselves safe. If you feel you need to wear a facemask, please do and everyone don't forget the sanitising and the hand washing. Stay safe everyone.

Keep our Carpark Safe

Our carpark gets quite congested on occasions with one session exiting and another session arriving. Please remember to drive carefully and slowly at all times while in our carparks.

<u>Subscriptions</u>

Can you please all take care when paying your subscriptions electronically. There are two members who have paid this way without putting down either their name or ABF number so they have been unable to be recorded as paid.

6/12 \$55.00 DIRECT CREDIT BANK OF QLD NSBC

8/12 \$55.00 INTERNET TRANSFER CREDIT FROM 86048420 REF NO 7696390 bridge

Can you all please check your payments, and if you think you are one of these people, can you please see me in the office. Thanks - Andrea Parkins. Treasurer.

REMINDERS

- Current Systems cards for each player must be with you at the table so that the opposition can see them if necessary. They are available in the office with a plastic sleeve for \$2. Cash Please.
- Please could members refrain from wearing strong smelling perfumes, deodorants & aftershaves.

The Brisbane Airport Ambassadors are an exceptional group of volunteers who generously dedicate their time to assist passengers and visitors at the Brisbane Airport. Currently, we have a team of around 120 Brisbane Airport Ambassadors who volunteer their time between the International and Domestic Terminals, seven days a week.

Transport to and from the airport is sponsored by Airtrain. If you prefer to drive, after the initial training period, Brisbane Airport Corporation provides a staff car park space. A uniform shirt, jacket and lanyard is also provided.

If you are interested in joining our program, we kindly request you to click on the link below, fill in the form and return it to us via email soon, as we are looking at conducting an interview sessions sometime in March/April. The email is: itb.ambassador@bne.com.au.

If you would like a sneak peak of this exciting program, please click on the link here.

2023 in a Nutshell

Jeannette Wyman has volunteered to be our historian. Every year she puts together a summary of the year. Here is 2023 in just a few lines.

		Just a few affect					
2023	Jan	Peter Flower retires as Wednesday evening Director. Doug Meyers is new Director.					
		A new format commenced on Wednesdays, with start time now 6.30pm, and toasted sandwiches					
		available for purchase before play. Also prizes for the session donated by unnamed sponsor, and a					
		handicap system to apply.					
		All members required to be registered with MyABF. Gradual roll out of P4S (payment for sessions from					
		members' MyABF accounts) beginning with p.m. sessions.					
		NSBC Open Teams held with 30 teams – up from 24 last year					
	MyABF extended to all sessions. All payments now deducted direct from players' bridge credit						
		accounts with MyABF.					
		Committee expressed thanks to all volunteers, especially Frank Killbey, who have handled credit card					
		payments for coupons at the front door since May 2021.					
		MYABF emails Session Results to players after play					
		Increase in table numbers					
	Mar	NSBC has 545 financial members – still 2 nd largest club in Qld after Toowong					
	Apr	AGM held. Andy Slater resigns as President and Graham Killoran elected					
	May	NSBC Imp Pairs held with 50 pairs					
		Solar panels replaced on Clubhouse roof after previous panels damaged beyond repair					
		Ros Frost becomes Life Member having volunteered as Dealer and then Head Dealer for over 20 years					
	Jun	Cloth tablecloths back in use - wipeable tablecloths were used during Covid					
		Jacqui Dudurovic resigns from Office Administrator role					
	July	Lesley Wallace resigns from kitchen duties after 17 years					
	Nov	Andy Slater & Ken Dawson win NSBC Imp Pairs with Sunil Mukherjee & Bert Luchjenbroers 2 nd .					
	Dec	34 teams at our Christmas Party Teams event					
		Pat Clouston, long-time club member and benefactor, passes					

Congratulations to Jacqui Dudurovic

Jacqui has won the Leta Leiper Award (the trophy hangs on the wall in the clubhouse) for 2023.

This award is given to the member who has earned the most green Masterpoints in club games during the year and started the year ranked a Regional Master or below.

Jacqui has also been awarded 1st place in the McCutcheon Achievement for accumulation the most Masterpoints as a Regional Master in both Queensland and Australia.







Kerry Barridge has kindly taken over giving the club plants some TLC.

Peter Fagan and your little troop of helpers, Rita Von Rotz, Jenny Dickson and Denise Taylor for cleaning our Bridgemates so that they work as good as new.

Big Thanks to you all!

NSBC TEAMS EVENT - Sunday 21 January @ NSBC

Queensland Bridge Event attracted 30 teams on Sunday 21 January the club. Full results are available on our website.



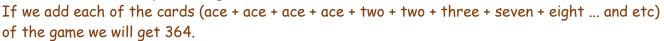
Original meaning of a deck of playing cards:

52 cards for 52 weeks in the year.

2 colors for day and night

4 suits for the 4 seasons and 13 weeks per season.

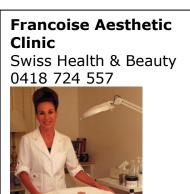
Twelve court cards representing the 12 months.

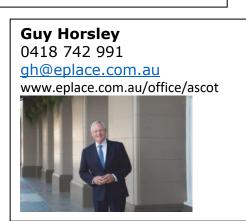


The card game is an agricultural calendar that told us about the weeks and the seasons. With each new season, it was King's week, followed by Queen's week, Jack's and so on until As week changed seasons and we started over with a new color. Jokers were used in leap years.

Thanks Robyn Wells for this Newsletter Contribution.







Warding off Dementia by Playing Bridge

You may be aware that smoking, lack of exercise, poor diet and too much alcohol are linked to dementia and stroke.

But there are some other, perps surprising, ways you can reduce your risk of cognitive impairment as you age.

Sleep, socialising, challenging your brain, and small amounts of alcohol have been found to improve brain health.

Neuroscience Research Australia chief executive and Brain Foundation President, Matthew Kiernan takes us through the latest research, and we hear from people who are trying to reduce their dementia risk.

According to the Brain Foundation, cognitive functioning decreases with age because of a loss of connective structures called synapses.

Like any other muscle, the connections in the brain need to be used and challenged to stay strong.

Professor Kiernan said that could mean trying new things like going to the theatre, travelling, reading or doing crosswords.

"The more that we can engage different parts of the brain, different parts of the network, the better the brain functions".

He said while socialising was also incredibly important for the brain, it's not clear why it works.

"Maybe it's through the release of other neurotransmitters in the brain, including oxytocin and dopamine, that enhance brain function longer term," Professor Kiernan said.

This article came from the Guardian a couple of weeks ago. So as well as playing bridge all the chit chat and socialising that goes with it is just as important for keeping our brain healthy.

Happy healthy bridging everyone.

Masterpoints Promotions November & December 2023

NORTHERN SUBURBS BRIDGE CLUB INC								
NAME	RANK	TOTAL MPs	2023 MPs	2023 RANK				
DECEMBER 2023 Promotions								
Porter, Rosemary	Bronze National	312.22	62.21	717				
Nunan, Lynne	Silver Local	36.56	5.76	10,201				
Staines, Jill	Silver Local	35.3	9.89	6,755				
Lloyd, Vicki	Silver Local	35.01	1.21	19,838				
Hawken, Carolyn	Bronze Local	26.58	13.98	4,846				
O'Donnell, Kevin	Bronze Local	25.35	3.42	13,744				
Kowalczyk, Magdalena	Bronze Local	25.1	17.89	3,705				
Fawcett-Smith, Beverley	Club	5.2	3.66	13,303				
Davies, John	Club	5.17	0.4	23,844				
Duncan, Kit	Club	5.16	4.35	12,116				
Wright, Trish	Graduate	2.38	2.38	16,071				
NOVEMBER 2023 Promotions								
Wanigaratne, Abby	Grand	1018.35	210.75	45				
Flower, Peter	Silver National	470.95	31.14	1950				
Quinn, Sean	Bronze State	125.15	17.57	3786				
Wyman, Jeannette	Bronze Regional	100.58	7.13	8795				
Brownlow, Suzy	Bronze Local	27.13	10.32	6507				
Aroney, Trish	Club	6.01	3.54	13,513				
Kealy, Richard	Club	5.82	5.82	10,130				
Sunderland, Harry	Club	5.73	5.73	10,2				

NSBC Members - Recent Congress Successes

QCBC Graded Matchpoint Pairs - Sun 14 January

3rd - B Grade

Eugene Pereira & Martin Wu

2nd - Novice Grade

Kerry Barridge & Peter Fagan

Northern Suburbs Teams - Sun 21 January

1st - B Division

Vesna & Voyko Markovic

3rd - B Division

Bob & Chris Thomas & team mates





ANNUAL GENERAL MEETING Jill Wilson Building

Saturday 13 April 2024 at 11.30 a.m.

ALL MEMBERS WELCOME

- All Committee Positions Vacant
- Nomination Forms at Front Desk (to be returned to Secretary by 30.03.2024)
- Proxy Forms Available at Front Desk (to be handed to Secretary by start of meeting)
- 2023 Minutes and Finance Statement on display at NSBC



QBA Club Directors Workshop

9 am to 12 noon - - - SATURDAY 13th & 20th April QCBC 67 Ipswich Road Woolloongabba Please Park in the Back Lot Close to the Road

Prior registration appreciated though not essential. Fee: \$10 for the two sessions. This workshop is particularly suitable for those Directors who have greater responsibility of directing in their club (including multi-session events), for those who are seeking accreditation as a QBA Club Director, or as a refresher for those already accredited.

Chris Snook QBA Director Accreditation 0413136435

chris@snook.id.au

QBA Directors Get Together

Meet& Greet Q & A General Discussion All Directors & Players Welcome 8.30 am * 9.30am - - - MONDAY 19th FEBRUARY

Enquiries:

Chris Snook 0413136435 chris@snook.id.au



